



Edited by Rene Garcia

May/June 2011

A New Beginning: A Letter from the President



"Every new beginning comes from some other beginning's end."

~ Seneca ~

The June newsletter may seem an unlikely time to be writing about endings and beginnings, but it's a topic that keeps popping into my head. Perhaps it's because after all these years, I still measure time around the school calendar....I feel lifted and invigorated in the fall and I still experience, or yearn for, the settling down that comes with the summer. Oh, to have the summer vacations again!

I want to congratulate our recent MFT graduates....WELL DONE! Those of us who are more 'seasoned'

remember the sense of completion you are now experiencing.....literally a change in seasons for you as you become 'new' again, in the sense of starting your professional careers. I wish each of you success as you begin this new phase as LMFT-A's! It's another beginning toward that ultimate goal of LMFT! You can do it and HAMFT is here to help you along the way. Congratulations also go out to all of the students who are beginning their internships this summer! It's so exciting to be taking that next step on your path....as you will now be working with Professional members of our MFT community. Remember that each and every one of us were once in your shoes.

I'm also anticipating meeting the new students – the ones who will begin their MFT journey in the fall. Wow! What a beginning that was; the excitement, the possibilities that awaited us all after being accepted into our programs. We'll get the chance to meet these new folks and welcome them into our HAMFT Community when we host our New Student Reception later this summer.



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A New Beginning (cont'd.)

We're also beginning to ramp up our programs this year. While this year started slow for HAMFT, we're gearing up for some really great programming. For the remainder of the year, we have 3-hour programs scheduled for June, August, September, October and December. And our year won't officially end until January, after our Awards Banquet – you want to be there for that, from what I hear!



IT'S NOT TOO EARLY!

**Save the date for our
Annual award's
Banquet!
January 27, 2012**

*"I wanted a perfect ending...
Now, I've learned the hard way that some poems
don't rhyme, and some stories don't have a clear
beginning, middle and end. Life is about not knowing,
having to change, taking the moment and
making the best of it,
without knowing what's going to happen next.
Delicious ambiguity."*

Gilda Radner, 1946-1989
American Comedienne

And I would be remiss if I did not mention the challenges that face others in our greater world. Certainly there are those in our Midwest and Southern states who have been devastated by the weather tragedies that they've recently experienced. Our hearts go out to them as they move forward to rebuild their lives and their communities.

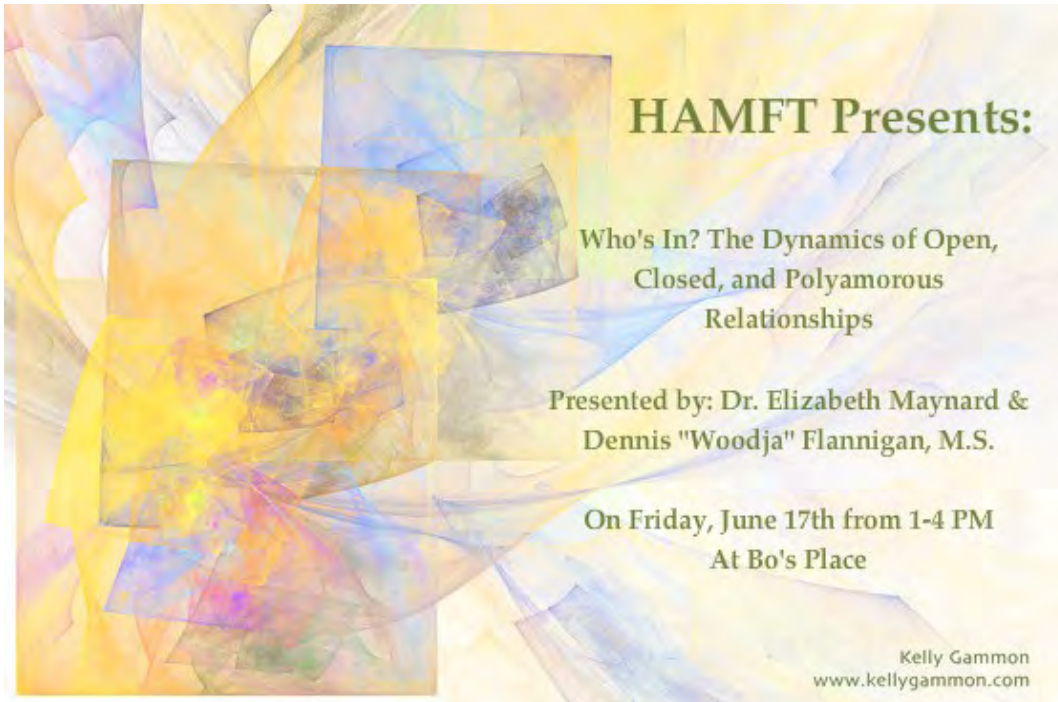
Wishing you the best of beginnings and endings,

***Delee D'Arcy, MA , LPC, LMFT
2011 HAMFT President***

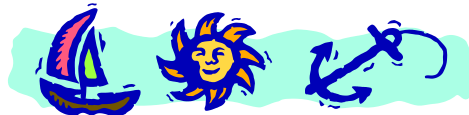
Your 2011 HAMFT Executive Board

Delee D'Arcy, President	delee@deleedarcytherapy.com
Anjali Pinjala, Past President	apinjala@hotmail.com
Sally Eisen Miller, President-elect	sallyeisenmiller@yahoo.com
Joan Harwood, Treasurer	jcharwood@aol.com
Sarah McConnell, Secretary	sarahmconn@gmail.com

June Event: Who's In?



Like us on FaceBook so you can get up-to-date messages on all HAMFT events and happenings.



We want your feedback!

HAMFT and the Public Relations Committee formally invite members of HAMFT and their guests to an open forum discussion on June 17, 2011 at 12 PM. This forum will be at Bo's Place, 10050 Buffalo Speedway just prior to the lunch and scheduled program that day. The forum will focus on you as members and your accomplishments. We are looking forward to getting your feedback as to how you and your colleagues have contributed to social action, community recognition and creativity in the field of marriage and family therapy. We are also looking for some more members for the committee, but don't let that scare you away. With more members we will be able to educate the public about what family therapists do which should in turn help grow your practices.



Becoming an Emotion Detective - AEDP Immersion in NYC

I am a training junkie. I'll admit it. Sometimes I wonder if I do too much of it. Ah well. There was a time when I wondered whether I would ever stop doing role plays with other therapists and actually get out and do therapy in the real world with real clients! Well, dear reader, eventually I did. As an emerging couples therapist who has a love of Gestalt therapy, I was, of course, drawn to Emotionally Focused Therapy and became a Certified EFT therapist not too long ago and have been using it in my practice with – yes, you've guessed it – with real clients!



But when the opportunity came up to delve more deeply into emotions and learn much more about attachment, emotion and the use of the self in the therapeutic relationship via AEDP (Accelerated Experiential Dynamic Psychotherapy) of course I was hooked. I was excited as I travelled to New York City to the AEDP Immersion course a few weeks ago to train with Diana Fosha, the founder of AEDP.

AEDP integrates attachment (creating security in the therapeutic relationship as a basis for the client's exploration), the dyadic regulation of emotions in the therapeutic relationship, and metaprocessing (processing receptive affective experiences with the client – *Continued on page 5*)

May 8th marked Mother's Day. From all of us at HAMFT, we hope all the amazing mothers out there had a wonderful day. It goes without saying that one day is not enough to appreciate all that you do!

HAMFT 2011 Calendar

- June 17th Board Meeting, 10 a.m. to Noon, Workshop, Noon to 3 p.m. Elizabeth Maynard and Denis Flannigan present "Who's In? The Dynamics of Open, Closed and Polyamorous Relationships" *Meeting and Program at Bo's Place, 10050 Buffalo Speedway, 77054
- July 15th Board Meeting, Noon to 2 p.m., at Bo's Place, 10050 Buffalo Speedway, 77054
- August 12th Board Meeting
GLBT Couples: Up Close and Personal *see the last page for details*
- September 16th Board Meeting, Noon to 2 p.m., at Bo's Place, 10050 Buffalo Speedway, 77054
Horses Helping People: Equine Therapy and all that it can offer
- October 21st Ethics Workshop: Lunch/Networking, Noon to 1 p.m., Workshop, 1 to 4 p.m. at Bo's Place, 10050 Buffalo Speedway, 77054
- November 18th Board Meeting, Noon to 2 p.m., at Bo's Place, 10050 Buffalo Speedway, 77054
- December 9th Holiday Party and Workshop, at Anjali Pinjala's home, Time TBD
- January 27th Awards Banquet

Becoming an Emotion Detective (cont'd.)

how it feels to be seen, felt and understood by the therapist) to create a therapy which goes very deep, very quickly. AEDP also works with resistance as a creative adjustment to failures of dyadic emotional regulation – a concept I love and was familiar with from Gestalt. The sixty therapists who attended the immersion course (including a very large complement of EFT therapists) quickly became involved in many wonderful experiential exercises, viewed many filmed sessions and worked in triads to experiment with new found skills. Diana Fosha and her assistants worked gently, compassionately and experientially in the moment to help the therapists from all backgrounds (CBT, psychodynamic, bowenian, body work, experiential) get to grips with a very comprehensive model.

I found that AEDP glued together my Gestalt and EFT experience. I loved the way Diana talked about how emotions and “true self” experiences get shaped both positively and negatively by our attachment figures which leads us to “pathogenic affects and defensive consequences. How, by our presence as safe havens for our clients to process their emotional experience we can help them to get to core states of emotion which change their lives. I’ve already started to put this work into practice with my individual clients. My EFT colleagues and I had many great discussions during the week about how to integrate this new learning with our work with couples. The jury is still out on the specifics. Suffice to say, the course has helped me to understand nuances of emotional states and has already started to help me with my EFT work. If you would like more details about AEDP, why not start with the AEDP institute website (www.aedpinstitute.com). I highly recommend a look.

Oh, and by the way – I’m still a training junkie. The road goes on forever and the party never ends.....

Sarah McConnell, LMFT, Secretary



“Suffice to say, the course has helped me to understand nuances of emotional states and has already started to help me with my EFT work. ”

Sarah McConnell

An Interview with TH Waters by Lisa Salazar

“My Dad was truly the backbone of my life before he died. As I reflect back, I realize how hard he tried to shield me from the pain that was destroying our family”.

TH Waters

Ghellow Road is a literary diary of a young girl's journey through the tangled labyrinth that is her life. Theresa's story begins in a large midwestern city where she is born to loving parents in 1965. For a brief moment in time, her life is full, as is her heart, and the world is hers to receive without consequence. As time passes and Theresa grows, supernatural forces begin to shape her existence, no matter how carefully her father colors the empty spaces of her world. After a series of tragic events, Theresa and her family seek refuge in a small Minnesota town nestled near the shores of Rainy Lake. She creates a new life for herself there, sharing adventures with friends and riding the ups and downs of adolescence. Yet through it all, her mother remains forever lost in the prison of her own mind and forever lost to Theresa. The young girl feels as though she is leading a double life, one that no one else could possibly understand. She begins to peer at the world as if looking through a thick, black veil, never certain which pieces are illusion and which are not. Through the kindness and support of the townspeople, she eventually summons the strength to survive. This is a story of tragedy and triumph. This is the story of my life.

After reading *Ghellow Road*, Lisa Salazar, MA, LPC, LMFT interviewed T. H. Waters about her book and is sharing parts of that interview with HAMFT.

Lisa (L): What compelled you to write your memoir based on your childhood experiences living with a schizophrenic mother?

T.H. Waters (TH): When I first decided to write my book, I'd plan on writing about my father. I'd never gotten over his tragic death and wanted his story to be told. My significant other encouraged me to write about my own life experiences instead. "Write what you know the most about," he advised. After thinking it over, I realized that he was right. I've had so many unusual life experiences that it felt like an appropriate topic. Why bother writing fiction when my own story already has the ability to just as easily take someone to a place they've never been before.

L: Despite some of your traumatic memories, you share with your readers some very special moments you had with your father. How did those memories help you cope as a child?

TH: My Dad was truly the backbone of my life before he died. As I reflect back, I realize how hard he tried to shield me from the pain that was destroying our family. At the very beginning of my book I write, "Despite Mom's intense love, it was really through Daddy's eyes that I first discovered the splendor of my existence, and it was through his strength the I grew to embrace it." I believe this with all my heart. Before my dad died, my mom's mental illness was something I struggled to live with. After my dad died, it became something that almost destroyed me.

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HAMFT salutes Pruedence Brooks

HAMFT salutes Pruedence Brooks as our organization's "Social Action in the Practice of Marriage & Family Therapy" recipient.

What comes to mind when we think of the typical seventh grade girl? For some, this means getting interested in boys and clothes, outings to the mall and movies with their current BFFs, or becoming serious about a sport. For others, being a seventh grade girl means working towards their Bat Mitzvah, getting good grades, and being on the Honor Roll. Certainly, we do not think of a young girl of thirteen working as a prostitute, taking drugs, and living with a 32 year old "boyfriend" with whom she also has sex.

A few years ago, a thirteen year old girl was arrested in Harris County for soliciting sex from an undercover policeman. For \$20 she had offered to give perform oral sex on him. In spite of her tender years and a history of having been the victim of physical and sexual abuse, she was adjudicated delinquent for prostitution in the juvenile justice system. In a bizarre twist of the law, even though children under the age of fourteen are incapable of consenting to sex, they could still be prosecuted for acts of prostitution. Thanks in part to Pruedence and her professional skills, this will no longer happen.

According to Texas law, the offense of prostitution is punishable by confinement in jail. For many years, children of any age could be prosecuted for this offense because it fell under the Texas Family Code's definition of "delinquency." Last year, the Texas Supreme Court finally struck down the application of the law proscribing prostitution to juveniles under the age of fourteen. Because of this decision, children fourteen years of age and younger are no longer labeled as "prostitutes" by the justice system.

As Pruedence excitedly said, "Great news that I want to share! - In 2007, I did a psychological evaluation on a thirteen year old girl who was charged with prostitution.....my evaluation was used to help win the case in supporting the idea that kids who are "prostitutes" are not perpetrators but victims." This means that decisions related to this thirteen-year old girl and decisions regarding future child victims of sex trafficking will be therapeutic rather than punitive. This is good news for marriage and family therapists as well, because it will encourage people to get therapeutic help for children who are caught in these kind of situations.

Pruedence, you are a pacesetter. We are proud to have you as a member of Houston Association of Marriage & Family Therapy!

Michael Hiller & Sally Miller, Co-Chairs, PR Committee

The HAMFT Public Relations (formerly Community Liaison) Committee recently identified three areas for recognition under the title of Unique Accomplishments in the Profession of Marriage & Family Therapy:

Social Action in the Practice of Marriage & Family Therapy
Community Recognition in the Field of Marriage & Family
Creativity in the Field of Marriage & Family Therapy



Interested in contributing to the student corner?

Contact Rene Garcia at r_garcia31@yahoo.com

Ethics Corner: Receiving Gifts



SAVE THE DATE!!

Our annual ethics workshop is just around the corner, October 21, from 12:00 - 4:00 at Bo's Place.

But we can't wait for the workshop to talk about ethics and we want your input. We are looking for ethical dilemmas related to GLBT clientele.

Email your suggestions to: Warren Holleman, at WLHolleman@mdanderson.org or Rochelle Bridges, at rochellebridges@gmail.com

Then watch the newsletter for articles related to the topic you selected.

Receiving Gifts: "The Problem with "Just Say No"

What do you say when a client offers you a gift? Some psychotherapists have a "just say no" policy with respect to gifts from clients. They say something like this: "That is very kind of you, but the Code of Ethics of my profession does not permit me to accept gifts from clients." These therapists like to think of themselves as "ethical" therapists. But are they?

I can imagine many scenarios in which it would be unethical **not** to accept a gift from a client. Scenario 1: A child draws a picture and gives it to me. Scenario 2: His mother bakes cookies and brings me a small box. If I say no to either offer, what message am I sending the client, and what is the likely impact on the client? That I don't need or want their gratitude or generosity? That even though our relationship means a lot to them, that it doesn't mean very much to me? That they are merely my "client," not my friend? That our relationship is strictly a business relationship in which the cultural norms of friendship do not apply? That I'm here to help them "individuate," not to help them love, care, or reach out to others?

If I refuse to accept such a gift, I am being an **unethical** therapist. Refusing to accept a simple gift is such an unfriendly gesture. Shouldn't we be nice to our clients? And respectful? And appreciative of their kindness? Being nice, respectful, appreciative, and following the Golden Rule are not only virtuous behaviors, but they are also therapeutic, especially if our goal is to promote more loving relationships. Shouldn't we model the type of person we want our clients to be in terms of how they relate to other human beings? And shouldn't we reward rather than punish them when they reach out to others in love?

Refusing to accept any and all gifts from clients is unethical for another reason. "Ethics" is defined as "reflection on the moral implications of human behavior." If our policy is to refuse any and all gifts, where is the reflection? There is no such thing as a "one size fits all" ethical response. Every situation is unique. For the response to be "ethical," there must be reflection. Usually I do the reflecting on my own. But in difficult situations, I consult with colleagues, and we reflect together.

When we reflect on the moral implications of receiving or refusing a gift, what questions do we ask? Here are a few: (1) Why is the client giving me the gift? What are the motives? (2) Is the client giving the gift freely? Or have I signaled in some way that I need or want a material gift? (3) How expensive is the gift? Am I taking advantage of the client's vulnerability? (4) Is a quid pro quo expected? Will acceptance of the gift compromise my effectiveness as a therapist? (5) How well does the client understand boundaries? Does the client have special challenges in this area? (6) As a family therapist, how can I use the acceptance, or refusal, of this gift to promote the health of the client and his or her family? (7) What are the client's cultural norms and expectations with regard to gifts? If I am from a different culture, how should I adapt my response?

The question of cultural norms merits special attention. In many traditional cultures, when help is received and appreciated it is common to give a small gift as a way to discharge the debt of receiving help. Typical gifts include food items, a small book, or a relic representing one's culture. If these gifts are rejected the client is prevented from discharging the debt of being helped by you. In Western material cultures the debt is discharged simply through the payment of fees, but in many traditional cultures a special gift is also required. (I am indebted to my colleague Anjali Pinjala for this insight.)

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Ask the Lawyer!

What role(s) would a therapist play in the Collaborative Law process?

Therapists and other mental health professionals typically fill three roles in the Collaborative Law process: Divorce coach/communications specialist, child specialist, and neutral expert (See the last "Ask the Lawyer" column for a new role for therapists – "reconciliation coach").

Divorce Coaches/Communications Specialists are often utilized in situations where there has been a history or family violence, mental health issues, or where a divorce would result in one spouse's standard of living dramatically declining. As a Divorce Coach/Communications Specialist, therapists help participants to identify, formulate and prioritize goals as well as identify shared goals. Therapists also work to maximize effective communication by modeling, teaching and encouraging the participants to use conflict resolution skills, use active listening skills, be respectful, etc.

Child Specialists typically work with parents to assess their children's needs (emotional, social, academic, and parenting) and encourage participants to remain focused on those needs throughout the process. A child specialist will also assist the children, in consultation with the child's therapist, throughout the process in order to ensure the children's voices are heard and their questions answered. The Child Specialist also works to maintain optimal relationships with both parents. Child Specialists are involved where there is a disagreement between parents, one parent is moving out of state, the child has a mental or physical issue, or where there has been a history of abuse.



Finally, as a **Neutral Expert** therapists provide consultation for a specific and narrowly defined issue such as scholastic placement, out of state residence, competency, or substance abuse treatment. The neutral expert may conduct needed assessments and convey a professional opinion/recommendation as to the best option(s) to resolve the issue.

What if I already have a relationship (professional or otherwise) with one of the parties or one of the attorneys involved in the collaborative arrangement?

In the "Disclosure" section of the Protocols, the Collaborative Law Institute states:

Comment

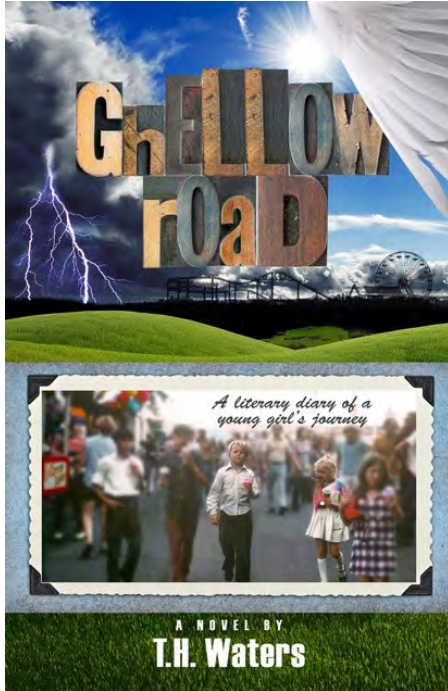
A mental health professional particularly knowledgeable of a client's mental health history may be primarily aligned with one of the clients. If the mental health professional has only been the therapist for one of the clients, s/he should decline participation in the collaborative law process as a neutral allied professional but may serve in the role of a non-neutral divorce coach."

What should I do if I have an interest in working in the Collaborative Law arena?

Familiarize yourself with Texas resources on Collaborative Law. The Collaborative Law Institute's website is a good place to start: www.collablawtexas.com. In addition to online resources, the Collaborative Law Institute also offers interdisciplinary training, which is a great way to both hone your skills and meet other professionals working in the field.

Michael A Hiller is a Texas board certified family law specialist. His column regularly appears in the HAMFT newsletter. If you have a question regarding therapists and the law, feel free to "Ask the Lawyer" - mbiller@hillerlam.com

TH Water Interview (cont'd.)



L: In your Acknowledgement Page, you thank your community and mention how it truly takes a village to help one another. Did you feel that the community rallied more around your family during or after the tragic event surrounding your father? How was the community instrumental in helping your family cope and adapt to your family environment?

TH: I'm really glad you asked me this question. When my dad was alive, our family lived in Minneapolis, Minnesota, which is a relatively large city. I personally never felt much of a communal experience there, but perhaps I may have been too young to notice. Most certainly a few neighbors & teachers expressed concern for our family, but I don't recall any intervention or support from family, friends or relatives. It was nothing like what I experienced after my dad died and we moved to International Falls, Minnesota, which is a quaint, little town on the Canadian border with a rich sense of community involvement. It was my mother's hometown, and she still had many friends and relatives living there who were instrumental in helping us cope with not only my father's tragedy, but also the stress from my mother's ongoing mental illness. I had many wonderful friends there, as did my brother, whose families welcomed us into their homes. I honestly am not sure what my fate would have been had I remained living in the big city of Minneapolis and feel extremely fortunate that I was able to take refuge in the more nurturing environment of International Falls.

L: How was writing your memoir a therapeutic process for you? Did you learn anything new about yourself and your family as you were writing this book?

TH: It was therapeutic in the sense that it allowed me to organize the fragments of my life into something more sequential and whole so that I could better reflect upon the reality of what happened. I gained a deeper respect for my dad as I thought about the difficulties he faced as a father, husband and sole family provider. I felt a deeper loss for the relationship that I wish I could have shared with my brother, had we grown up together in a more functional family. At the book's end, I realized that the tragedy of what happened to my mother was even more pronounced. She was such a beautiful spirit with so many gifts to offer this world, yet she never was capable of realizing any of her dreams. Sadly, I never knew what she could have been or the dreams she held.

Make sure you check back for the July/August Newsletter for the conclusion of the interview!

Lisa Salazar is a licensed marriage and family therapist. She is currently enjoying being a SAHM and blogging about books.

Students Corner: Bi-Lingual Practicum

It's been an amazing year so far. Starting my second year as an MS student at Our Lady of the Lake University (OLLU), I was really nervous about practicum and what to expect. Because the household I grew up in was not Spanish-Speaking only, I have always struggled to pick up the language. With a desire to be surrounded by it and hopefully have it intertwined with my practice one day, I joined the Bi-Lingual practicum team offered at OLLU. There, I joined fellow students Jenny Martinez, Susana Zambrano, Erica Toskovich, Anabel Morales, and Laura Sanchez; all members of my co-hort.



Being instructed by Adriana Gil-Wilkerson at the Houston Galveston Institute (HGI), we comprise quite a diverse group. With representation from El Salvador, Honduras, and Mexico, we are all either 1st or 2nd generation immigrants. Although we might speak the same language, we all bring different life perspectives in our sessions with clients. With this diversity of experiences, we have been able to see clients from all of our respective backgrounds and offer a comforting ear to cultures that typically do not seek therapeutic services. Ultimately, and I'm speaking



broadly for my classmates, we hope to offer Spanish speaking services in the future, in an effort to break cultural norms. Also, to enlighten the therapeutic community that Latinos in the US are in need of services as much as any other minority group. It has been an absolute pleasure being a part of this practicum group. I cannot speak more highly of my classmates and what the future brings for them.

Adriana has been an excellent guide in our development as culturally aware therapists. The development has been harder than expected. However, Adriana has been willing to take the time with her personal experiences on seeing Spanish speaking clients, not to mention her incredible knowledge of psychological practices, and instruct us tremendously. We love her so much, we are basically begging our professors to allow us to have her for our 3rd year as well. This experience has been an amazing one so far, and I think I speak for the entire group when I say how appreciative we are that OLLU offers this to students. For any more questions about the Bi-Lingual practicum group, please contact me at r_garcia31@yahoo.com.



Bottom Picture:
Top Row from Left to Right:
Erica Toskovich,
Susana Zambrano,
Laura Sanchez,
Adriana Gil-Wilkerson.
Bottom Row from Left to Right: Jenny Martinez, Rene Garcia, and Anabel Morales

Ethics Corner (cont'd.)

It is not enough to reflect on **whether** to receive a gift. The next step is to reflect on **how** to receive—or not receive—a gift. There are ethical and therapeutic ways to receive or refuse a gift, and there are unethical ways to receive or refuse a gift. For example, if I take the child's drawing and stick it in the file without smiling, saying thank-you, or discussing the content of the drawing, I have bruised the child's spirit, modeled poor social skills, and squandered a therapeutic opportunity. Even if I detect signs of manipulation or transference, I am likely to do more harm by coldly telling her it was inappropriate for her to give me cookies than by warmly expressing appreciation for her gesture, then later discussing boundaries, manipulation, other dimensions of social intelligence.

We all know the pitfalls of accepting inappropriate gifts from clients. One therapist I know of had a hobby of collecting Kimmel figurines. Some clients found out and bought her these expensive ornaments as holiday and termination-of-therapy gifts. She used them to decorate her office, and before long she had scores of Kimmel figures on her walls. It is good thing for a client to enter a therapist's office and see a child's drawing on the wall or a small box of cookies on the desk with the words "Thank you" written on top. It is wrong, though, for clients to enter and see lavish gifts around the office and waiting room and with the implied message, "If you're a good client, you'll give me one, too."

It is one thing for a therapist to accept an invitation to a client's Bar Mitzvah, graduation, or wedding. It is another to accept an invitation to drinks or dinner with the client. Or to accept tickets to a professional football game, with or without the client. The AAMFT Code of Ethics forbids us from accepting gifts that are "of substantial value" or "impair the integrity or efficacy of the therapeutic relationship." It doesn't take much ethical reflection to see why Kimmel figures, professional sports tickets, and going out for drinks and dinner are ethically problematic.

So, is it ethical to accept gifts from clients? The answer depends on many factors, and each situation requires reflection. In some instances it is clearly wrong to accept a gift, and in others it is clearly wrong not to. In many circumstances the most important question will not be **whether** to accept or refuse a gift, but **how** to do so. The client is presenting a therapeutic opportunity. A clumsy response could bruise the client's spirit or impair the therapeutic relationship. A skilled response, though, could turn the client's gesture into a transforming event.

Warren Holleman, PhD, LMFT



The Purpose of HAMFT is:

- To promote the common professional interest of those who are marriage and family therapists
- To present marriage and family therapy as a mental health profession to the public
- To establish and maintain professional standards in marriage and family therapy
- To cooperate with other organizations and agencies for the furtherance of the marriage and family therapy profession



Facilitators: Harlene Anderson, PH.D. & Diana Carleton, ED.D.
Houston Galveston Institute, Taos Institute

From Counseling to Coaching Course

Learn the Basic Principles of Collaborative Coaching and
How to Build a Coaching Practice

A Course Designed for Mental Health Professionals

- Learn the similarities & differences between coaching & counseling
- Identify & utilize your key counseling strengths & talents in coaching
- Learn the basics of setting up your practice & promoting yourself
- Participate in coaching & being coached exercises
- Expand your horizons & create possibilities for your career

This course is for mental health professionals who want to learn to be a collaborative coach and expand their personal achievements in life and work. It will provide an opportunity to develop and integrate individual, group and organizational coaching into your practice. Workshop includes assignments to enhance and integrate learning into your present practice and create new career directions. There will be opportunity to create and foster connections that will promote your new skills into your practice in an ongoing manner. Accountability partners and future round table discussion groups will be included in this process.

Date & Times: 40 CEUs

Session I: July 15, 16, 2011 9am to 4pm

Session II: August 5, 2011 9am to noon

Session III: September 9, 2011 9am to noon

Session IV: October 14 2011 9am to noon

Location: 3316 Mt. Vernon, Houston TX 77006

Fees: \$750, students-\$650, **Early registration** before June 15, \$700, students-\$600

REGISTRATION / QUESTIONS dianacarleton@sbcglobal.net PH: (713) 628-6761

HAMFT Annual Multicultural Panel Program and



present

GLBT Couples: An Up Close & Personal Experience

August 12th 2011, 4:30pm-7:30PM

3 CEU hours

Dinner will be provided during program

GLBT Cultural Center
401 Branard St, 1st Floor
Houston, TX 77006-5015

713-529-0037

We have all heard of the trite expression, "we are all so different, yet the same." This expression captures the essence of the multicultural committee. Our goal is to help enrich the exposure and experience of seasoned and new professionals, students embarking on a career in the mental health field, and the community, to the uniqueness and commonalities of the diverse human experience.

This year the multicultural committee will highlight professional and personal experiences of the GLBT community. So we would like to cordially invite you to join us in our HAMFT 4th Annual Multicultural Panel Program.



Advertise with us!

Fees based on 7" x 9-1/2" print area per page.

Full Page or 15 to 30 lines- \$75

½ of page or 10 to 15 lines - \$40

¼ of page or 5 to 10 lines - \$25

1/8 of page or up to 5 lines - \$15

Any questions, please contact me, Rene Garcia, at r_garcia31@yahoo.com and I'll be happy to help you!

